

## Nuts Package

Content: 3 x 600g Walnuts (in 2-liter tin)  
 3 x 1000g Cashew Nuts (in 2-liter tin)  
 3 x 1000g Hazelnuts Roasted (in 2-liter tin)  
 3 x 1000g Almonds Brown (in 2-liter tin)

Texture: Half Kernels (Walnuts)  
 Whole Kernels (Cashew Nuts)  
 Whole Nuts (Hazelnuts Roasted)  
 Whole Almonds (Almonds Brown)

Storage: If possible, cool and dry, without direct sunlight.  
 A constant temperature of below 20° Celsius would be optimal.

Once opened: Close again with the enclosed plastic lid.  
 Do not eat directly from the container (contamination), then the content of the opened tin will not go bad for several weeks.  
 Avoid huge temperature range to prevent development of humidity in- and outside the tin.

Shelf Life: 1 year. Vacuumed and sealed under protective atmosphere (INDOSA pro-VAC)

### Nutritional values per 100g:

Product	Energy KJ / kcal	Fat	th. Saturated fatty acids	Carbo- hydrates	thereof sugar	Protein	Salt	Dietary Fibres
Walnuts	2830 / 685	63,0g	6,0g	11,0g	2,6g	17,0g	0,01g	7,0g
Cashew Nuts	2420 / 583	45,0g	7,9g	21,0g	6,4g	20,0g	<0,04g	7,2g
Hazelnuts	2660 / 634	62,0g	4,2g	17,0g	14,0g	15,0g	0,0g	7,0g
Almonds Brown	2400 / 589	53,0g	4,5g	5,7g	5,7g	24,0g	0,0g	11,4g

Ingredients: 1/4 of each Walnuts, Cashew Nuts, Hazelnuts and Almonds Brown

Preparation/Consumption: Direct consumption